



# ST FRANCIS OF ASSISI NEWSLETTER

**Term 3**  
**Week 8**  
**9th September 2022**

*We acknowledge the Darug people, the traditional custodians on whose land we educate our students.*



**No qualifications are needed** because a conversation could change a life!

**R U OK?** is an Australian non-profit suicide prevention organisation, founded by advertiser Gavin Larkin in 2009. It revolves around the slogan "R U OK?" and advocates for people to have conversations with others. The organisation has a dedicated **R U OK? Day**, held annually on the second Thursday of September, which encourages Australians to connect with people who have emotional insecurity, to address social isolation and promote community cohesiveness.

The R U OK? overall mission is to guide people on when and how to have a meaningful conversation with someone in their world who might be struggling.

Their research has found that four in ten Australians feel asking someone "are you OK?" is a conversation better had with an expert. However, R U OK? want you to know you don't need qualifications to have an R U OK? conversation. The work of health professionals is vital, and their value cannot be underestimated, however, *we can all play a role in supporting the people in our world.*

You don't need to be an expert to have an R U OK? conversation. Listening and giving someone your time might be just what they need to help them through a difficult time or situation.

For students, learning how to support their peers and talk about how they feel is an important life lesson, so where better to start than in the classroom?

The St Francis community will participate in R U OK? activities on Monday 12th September centered around friendships, network supports and learning to ask R U OK? The activities will inspire and empower students to meaningfully connect with the people around them and start a conversation with those in their world who may be struggling with life.

Activities for each grade will be centered around the following themes;

Kindergarten: Being a good friend

Year 1: Learning to ask R U OK?

Year 2: When to ask R U OK?

Year 3: Identifying people to talk to

Year 4: Network supports / The key to being a good friend

Year 5: Asking R U OK? The good way

Year 6: The continuum of feelings

To make this day extra special, we are asking children to come to school wearing anything yellow!

## DATES COMING UP

12/9 - R U OK? Mufti Day - come to school dressed in the colour yellow

13/9 - Stage 2 & 3 Netball Gala Day at Jamison Park

15/9 - Year 2 excursion to the Royal Botanical Gardens

23/9 - Staff Development Day

## YEAR 2 & 3 - GOOD SHEPHERD CHURCH VISITS

Last week, Year 2 and Year 3 students visited the Good Shepherd Parish to deepen their connection with the Church.

This term, through their learning cycle, the Year 2 students have had the opportunity to develop an understanding and appreciation of the Church as a special community described as God's family. Students have been learning that the Church is called to be a community:

- that is God's family,
- that celebrates God's love,
- that proclaims the Good News of Jesus
- where Mary, the mother of Jesus, has a special place in our hearts.

During their visit, Year 2 learned the features of the Church including symbols, important furniture such as the altar, tabernacle, pews etc.

Our Year 3 students have been learning about the Mission of the Church. They were able to have a close look at what is inside a Church and learn more about how sacred words and sacramental objects help them to understand and live out the Gospel. Father Vincy spoke to Year 3 about how they are the 'Church' and what they can do to live out the mission of the Church. During their unit, Year 3 have also been learning about The Pentecost Story and The Parable of the Sower. Father Vincy deepened their understanding of the Scripture passages with engaging explanations.

Both grades had the opportunity to have their personal questions answered! If you ask them what they liked the most, we believe that many would say that they got the opportunity to see the adult baptismal font! That was exciting, even for the staff who attended!

### Year 2



## YEAR 2 & 3 CHURCH VISIT

Year 3



## STAFF DEVELOPMENT DAY

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TERM 3 WEEK 10 - FRIDAY 23RD SEPTEMBER

**NO STUDENTS AT SCHOOL ON THIS DAY**

COSHC WILL BE PROVIDING CARE ON THIS DAY IF NEEDED.

## STAFF DEVELOPMENT DAY

### STAFF DEVELOPMENT DAY

TERM 4 WEEK 1 - MONDAY 10TH OCTOBER

**NO STUDENTS AT SCHOOL ON THIS DAY**

COSHC WILL BE PROVIDING CARE ON THIS DAY IF NEEDED.



PATRICIAN BROTHERS'  
COLLEGE BLACKTOWN

IS WHERE YOU  
**BELONG**



SCAN ME

Year 7

**ENROL  
NOW FOR  
2023/2024**

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W: [patsblacktown.catholic.edu.au](http://patsblacktown.catholic.edu.au)  
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## CANTEEN UPDATE

### LAST DAY OF TERM - THURSDAY 22ND SEPTEMBER—MEAL DEAL

On the last day of term the canteen will have a special meal deal. This is the only thing that will be able to be ordered on the last day of term. There will be no other food available.

### TERM 4 - WEEK 1 & 2

Due to renovations being done in the canteen, there will be no over the counter service for the first 2 weeks of Term 4. Lunch orders can still be made online but this will be the only service available.

More details will be provided closer to the time.

Parents, please check that lunch orders have gone through once you have placed them online. There have been a number of children who are placing their own orders and they aren't doing it correctly or checking that it has gone through correctly. Your assistance is appreciated.

## CHILDREN LEAVING EARLY

Just a reminder that when you are collecting your child early that a prior arrangement needs to be put in place to ensure minimal disruption to the class. If you could email or phone by 1.00pm this would be appreciated.

## CONGRATULATIONS



Congratulations to Dhruv (Year 1) and his family on the birth of his little brother. We wish them all the best.

## SUMMER UNIFORM

As the weather starts to warm up a little, children can wear their summer uniform for the rest of Term 3 if they wish to. Students will return to school in Term 4 in their full summer uniform.

## SCHOOL FEES

School fee reminder letters have been sent home. If you require an extension please contact Mrs Lee-Ann Falconer in the office on 8886 9600.

## BOOK CLUB ORDERS

Book Club catalogues were sent home this week. Please place your orders through the Scholastic LOOP App by Monday 12th September. The office is no longer taking payments for Book Club.

## CONFIRMATION



Congratulations to the children who attended St Andrew's Church this week, and received the Sacrament of Confirmation.

## MUSICA VIVA

Kindergarten, Year 1 & Year 2 enjoyed a performance from Timmy and The Breakfast Band as part of their Music unit. The performance combined music and circus to explore how music affects our emotions. The students had a wonderful time watching the character Timmy get ready for school in the mornings. They witnessed how the music that was playing in Timmy's head was calm and peaceful he had an enjoyable and smooth morning BUT when the music inside his head distracted him his morning was a complete mess. At the end of the show Timmy learned how to control the music inside his head to help him regulate his emotions and really set him up for a successful day.

